# nkf beers

National Kidney Foundation<sup>®</sup>

In partnership with Baxter **Empowers.** 

just talking to someone can make all the difference.

# nkf peers



#### WHAT IS NKF PEERS?

**NKF Peers** is a free program offered by the National Kidney Foundation. We connect people on dialysis with a peer mentor by phone.



#### WHO ARE PEER MENTORS?

A peer mentor is someone living well with kidney disease that has experience with hemodialysis, peritoneal dialysis, and/or transplant. All peer mentors are trained by the National Kidney Foundation.



#### WHY TALK WITH A PEER MENTOR?

While it's important to talk with your healthcare team and read about your treatment options, sometimes the best way to know what being on dialysis is really like is from someone who has been there. A peer mentor can help you better understand your choices for dialysis treatment (home and in-center) by sharing their experience.



#### HOW DOES IT WORK?

When you contact **NKF Peers** tollfree at **855.653.7337** or online at **kidney.org/peersmentee-baxter**, you'll speak with a social worker who will ask you brief questions so we can find your best match and enroll you in the program. Once enrolled, a peer mentor will contact you by phone within one week.



#### **PROGRAM SUMMARY**

- Get a real-world perspective from another person living with chronic kidney disease.
- Connect by phone no need to go to another appointment.
- Have a smartphone? We have an app! The app allows you to chat with your mentor by text inside the app and also with others through our community forum.
- Your time is important to us you will not receive a call from a mentor outside of times you choose.
- Completely free and anonymous your personal information is not shared, your mentor will contact you through our toll-free system.

### READY TO TALK WITH AN NKF PEER MENTOR?

Call us toll-free!

855.NKF.PEERS (855.653.7337)

or online at kidney.org/peersmentee-baxter



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